

16 September 2019

Dear Parents of Infants Children



Infants Swimming Term 4



Infants will be participating in swimming lessons as part of their Sport program. This year all children will be attending the lessons. At Covenant, we feel that an important part of your child's education is learning how to swim. We are aware that many children attend swimming lessons outside of school, but as the classes will be graded, your child will be able to extend their already existent swimming abilities. **The cost for these lessons is fully included in your school fees.**

Lessons will take place at Brooke Withers Swim Centre, Warriewood, for six weeks each Friday, starting Week 1, **from Friday 18 October until Friday 22 November**. The pools at Brooke Withers are heated to at least 28 degrees. Kindergarten lessons will be at 9.30am-10.00am, Year 1 will be 10.00am-10.30am and Year 2 will be 10.30am-11.00am. Play and eating times will be adjusted so that the children do not miss out. Children typically get very hungry on days when they are swimming, so please pack plenty of healthy goodies to keep them going!

Children will be graded by the swim centre and placed in appropriate groups where they will be instructed by qualified teachers in various sized groups, depending on their ability levels.

Each Friday, children should wear their sports uniform and sneakers. It is a good idea to dress your child in their swimming costume underneath their sports uniform (if the girls wear a two-piece) as this saves time once we arrive at the pool. If your child wears a one-piece costume, please do not send them to school in it, as going to the toilet means getting fully undressed and this is too difficult. These children can get changed before we depart. Children will get dry and changed back into their uniform after the lesson. For this reason, it is important that all clothes, towels, swimmers, underwear, shoes etc are clearly labelled with their name and class. Last year the children all changed into a pair of slip-on shoes at school before getting onto the bus. We found this extremely helpful as it saved changing shoes and socks at the pool.

What to bring for swimming: A small bag including:

- towel
- swimming costume (if not already being worn)
- **underwear**
- hairbrush (if desired)
- thongs or slip-in shoes must also be brought to school to change into before boarding the bus.

All items must be clearly labelled. Their school bag, recess and lunch will need to be brought to school as normal.

We will need **parent helpers**, especially for Kindy and Year 1. Any volunteer time can be claimed as PIP hours. Parent helpers can meet us at the pool at their grade's allocated time. If you would prefer to travel on the bus with the class, we can let you know what time you will need to be at school. If you are available to help with your child's class, please fill in the slip below and return it to your class teacher or to Mrs Dykstra as soon as possible.

It is also extremely important for the attached permission slip to be filled in and returned to your child's teacher as soon as possible. **We must have a signed permission slip for your child otherwise they will not be able to participate in the lessons or travel to the pool on the bus provided.**

Please indicate your child's experience level on the permission slip. This will be a general indication so that the swim centre can plan the number of teachers required ahead of time. As stated above, the swim school will assess children during the first lesson but it is helpful to be aware, especially of the number of non-swimmers.

Thank you for your help and support.

Yours in the service of Christian education

Mrs J Dykstra
Infants Coordinator

Mr W Morton
Deputy Principal, Junior School

Please complete and return to your child's teacher or Mrs Dykstra as soon as possible

I give permission for my son/daughter _____ in class _____ to travel to and from Brooke Withers Swim Centre Warriewood by bus and take part in a graded swimming lesson on Fridays during Term 4.

Yes, I would like to help with swimming lessons in Term 4 and I am available to help with:

Kindy 9.30-10.00am

Year 1 10.00-10.30am

Year 2 10.30-11.00am

I have completed and returned a Code of Conduct for Volunteers Form as well as a Working With Children Check (WWCC) application online and I have returned a copy of the form showing my WWCC clearance number to the School Office.

Print Name: _____
(Parent/Guardian)

Circle the answers that best describes your child's swimming ability (Just a general guide... the swim school will be grading).

Is your child currently enrolled in a Swimming program? Yes / No

Can your child put their eyes in the water? Yes / No

Is your child comfortable in the water without a floatation device? Yes / No

My child is basically a non-swimmer Yes / No

My child can swim 5m / 10m / 25m unassisted

Signed: _____ Date _____
(Parent/Guardian)