

12 June 2019

Dear Parents

Year 3 and 4 - Swim Program, Term 3

Throughout the year, children in Year 3 to 6 are provided an opportunity to be involved in the Warringah Aquatic Centre Swim Program. During Term 3, students in Year 3 and 4 have their chance to participate.

The Warringah Aquatic Centre has designed an excellent program for students run by qualified Austswim coaches. This program caters for both competent and weaker swimmers. Squad training is available for more able swimmers. If your child cannot swim or is a weak swimmer, we strongly encourage you to take this opportunity for your child's own safety and enjoyment.

Lessons begin on **Friday, 2 August** and continue through until **Friday, 20 September**. Students will travel by bus and be accompanied by a teacher.

Please complete and return the attached form to the Sport Notes Tray (outside Miss Hammond's office) by **Thursday, 20 June**. The details of your child's ability will help the instructors place them into appropriate ability groups.

There is no charge, as the swim program is included in school fees. However, we must warn that, if a student drops out once their name has been given to the Aquatic Centre, the school is still charged for them, so please make sure you have discussed this with your child, before returning the note.

NB - We cannot accept any late permission notes after the list has been sent to the Aquatic Centre.

This is a wonderful opportunity for fitness and skill development and we urge students to be involved. Students who do not take part in this swim program will participate in School Sport or Inter-School Sport (Mod League for boys and Soccer for girls). Students who would like to do swimming, if they are not selected for an Inter-School Sport team, should complete these forms regardless, so that they don't miss out.

Yours in the service of Christian education

Miss T Hammond
Primary Sport Coordinator

Mr W Morton
Deputy Principal, Junior School

Please complete and return to the Sport Notes Tray by Thursday, 20 June 2019

I give permission for my child _____ of class _____ to participate in the Warringah Aquatic Swim Program in Term 3.

Please tick the most appropriate level for your child

- Never had lessons, unable to swim, fear of the water.
- Dog paddles with / without back float or armbands.
- Able to swim a short distance (5m) without aid, eyes in and blow bubbles.
- Able to swim a short distance (10m) without aid in deep water.
- Able to swim 25m freestyle and 25m backstroke (deep water).
- Able to swim in four strokes x 25m (deep water).

Please note that the above is a guide only. All children will be assessed on the first day and placed in classes appropriate to their level.

Does your child presently swim in a Warringah Aquatic Centre Swim Program?

- Yes, at level _____
- No

Signed: _____ Date: _____
(Parent/Guardian)