

4 September 2019

Dear Parents

Year 9 and 10 - Elective Sport Term 4, 2019

Sport selections for Term 4 will be completed online by the students. This is the same system that has been used for sport in previous terms this year. Students will receive a link via email to access and enter their sport choices **Please note that there may be financial implications from the choices your children make so please consult with them prior to them making the choice.** Charges for paid sports will be added to your Term 4 school fees.

Selections are due by **Wednesday 18 September** (Term 3, Week 8), and if your child has not entered their preferences by then, they will be allocated to a sport for the term.

The choices are as follows with more information included below:

| Options | Cost (will be added to Term 4 school fees) |
|-------------------|--------------------------------------------|
| School Sport | Free |
| Touch Footy/Oztag | Free |
| Table Tennis | \$35 |
| School Gym | \$60 |
| Beach Walking | \$65 |
| Golf | \$160 |
| Water Sports | \$170 |
| Surfing | \$190 |

Students enter their top three preferences and whilst we will endeavour to accommodate their first preference, there are limited places for some sports meaning a first in first served approach will be taken. If there is not enough interest in a particular sport it may be cancelled.

Sport begins on **Tuesday 15 October** (Week 1 of Term 4). **Please note this is the second day of Term 4.**

- **School Sport:** This sport takes place on the school grounds with a variety of sports taking place.
- **Touch Footy/Oztag:** This sport takes place on the school grounds with a combination of touch football and oztag skills and games.
- **Table Tennis:** This will involve coaching, skills, and round robin style games, and will be held at school on our new tables! Equipment is provided, but you are welcome to bring your own bat.
- **School Gym:** This utilises the school's gym facilities and will focus on muscle toning exercises and cardiovascular activities through circuit training, high volume (repetitions) and low resistance (weight) workout.
- **Beach Walking:** This involves being transported by bus each week to a Northern Beaches location for a coastal walk.
- **Golf:** This takes place at Warringah Golf Club and includes tuition and equipment.
- **Water Sports:** This takes place on Narrabeen Lake with students having the option to use a Stand-Up Paddle Board, or Kayak. Supervision is provided by trained staff from an external supplier.
- **Surfing:** This is run by Manly Surf School at Long Reef or Collaroy Beach. Boards, wetsuits and coaching are provided.

We would also like to draw your attention to the following school policies with regard to Sport participation:

- Requests to change sports will only be accepted up until the **end of Week 1, Term 4**, and must come via a completed Sport Change Form. This form requires a parent's signature and will not be accepted if it has not been signed. Students must place the form in the Sports Note Box outside the PE office, for consideration.
- Students may only be dismissed from sporting venues on a term basis and must bring a signed note from a parent to the Sports Coordinator **before the end of recess on or before the day of Sport**.
- Students unable to participate in Sport are required to bring a note to the Sports Coordinator **before the end of recess on or before the day of sport**.
- As Sport is a compulsory component of the curriculum, students are required to go to their sporting venues, even if they have permission to not participate on a particular day e.g. in the event of an injury.
- In the event of an unexplained truancy from Sport, a Friday Detention will be given.
- Due to limited staffing numbers and our Duty of Care Policy, we will not be granting permission for students to work in the library or any other school venue instead of going to the sporting venue.
- Requests to leave school at lunchtime will not be granted, unless the parent comes to collect the student, signing the student out at the School Office.
- Students leaving due to sickness, must sign out with a parent via the Sick Bay.
- Correct PE uniform must be worn at all times unless other requirements are specifically requested.

Yours in the service of Christian education



Ms D Kane
K-12 Sports Coordinator



Mr T Smithies
Director of School Administration