

18 March 2018

Dear Parents

Year 9-11 - Elective Sport Term 2, 2019

Below you will find the sport selections for Term 2. These will be completed online by the students as in previous terms. **Please note there may be financial implications from the choices your children make so please consult with them prior to them making their choice.** For paid sports, these will be charged to your Term 2 school fees.

Selections are due by **Friday 29 March**. If your child has not entered their preferences by then they will be allocated to a sport for the term.

The choices are as follows with more information included below (students doing **Dance** in Term 1 will continue with the Dance Program in Term 2):

Options	Cost <i>(includes transport)</i>
School Sport	Free
Soccer	Free
Table Tennis	\$35
School Gym <i>(girls only)</i>	\$60
Beach Walking	\$90
Squash	\$160
Indoor Rock Climbing	\$170
Surfing	\$240
Dance <i>(only for students continuing from Term 1)</i>	N/A

Students enter their top three preferences and whilst we will endeavour to accommodate their first preference, there are limited places for some sports meaning a first in first served approach will be taken. If there is not enough interest in a particular sport option, it may be cancelled.

Sport begins on **Tuesday 30 April**, Week 1 of term. **Please note this is the first day of Term 2.**

- **School Sport:** This takes place on the school grounds and includes a variety of sports.
- **Soccer:** This will take place on school grounds and will involve soccer skills and games.
- **Table Tennis:** This will involve coaching, skills, and round robin style games. It will be held at school on our new tables! Equipment is provided, but you are welcome to bring your own bat.
- **School Gym *(girls only)*:** This utilises the school's gym facilities and will focus on muscle toning exercises and cardiovascular activities through circuit training, high volume (repetitions), and low resistance (weight) workout.
- **Beach Walking:** Students will be transported by bus each week to a Northern Beaches location for a coastal walk.

- **Squash:** This Sport takes place at Elanora Heights Squash Centre.
- **Indoor Rock Climbing:** Students will travel by bus to an Indoor Rock Climbing facility in Brookvale which has an excellent variety of climbs for the beginner through to the advance climber.
- **Surfing:** This Sport is run by Manly Surf School at Long Reef or Collaroy Beach. Boards, rash vests and coaching are provided.
- **Dance:** The Dance option is only for those students who took part in Term 1 and are preparing for the Dance Eisteddfod in May.

We would also like to draw your attention to the following school policies with regard to Sport participation:

- Requests to change sports will only be accepted up until the end of Week 1, Term 2, and must come via a completed Sport Change Form. To be considered, this form requires a parent's signature and students must place it in the Sports Note Box, outside the PE office.
- Students may only be dismissed from sporting venues on a term basis and must bring a signed note from a parent to the Sports Coordinator **before the end of recess on or before the day of Sport.**
- Students unable to participate in sport are required to bring a note from a parent to the Sports Coordinator **before the end of recess on or before the day of Sport.**
- As Sport is a compulsory component of the curriculum, students are required to go to their sporting venues, even if they have permission to not participate on a particular day e.g. in the event of an injury.
- In the event of an unexplained truancy from Sport, a Friday Detention will be given.
- Due to limited staffing numbers and our Duty of Care Policy, we will not be granting permission for students to work in the library or any other school venue instead of going to the sporting venue.
- Requests to leave school at lunchtime will not be granted, unless the parent comes to collect the student, signing the student out at the School Office.
- Students leaving due to sickness, must sign out with a parent via the Sick Bay.
- Correct PE uniform must be worn at all times unless other requirements are specifically requested.

Yours in the service of Christian education



Ms D Kane
K-12 Sports Coordinator



Mr T Smithies
Director of School Administration