



GEN Z:
MIND SHIFTERS

woodleighRS2019.org



PACKING LIST

ESSENTIAL TRAVEL DOCUMENTS

- Passports (group leader to secure after use and for return journeys)
- Visas (for all participants not from Australia or New Zealand)
- Travel tickets
- Vaccination certificates (if required)
- Travel insurance documents
- Medical insurance documents
- Local currency (Australian dollars)
- Emergency contact details
- Signed waivers for all your delegates
- All recommended paperwork for your student delegates to enter the country

CLOTHING

- School uniform optional / smart attire for Opening/Closing Ceremony
- Waterproof lightweight jacket
- Long pants and shorts for daily activities (long pants for protection in Reserve/Farm)
- T-shirts/tops for daily activities
- Jumpers/fleece to keep you warm
- Underwear
- Socks
- Sleepwear
- Swimwear
- Sunglasses
- Sun hat

FOOTWEAR

- Dress shoes for Opening/Closing Ceremonies
- Runners/trainers
- Strong, waterproof boots for walking and for protection in the Wildlife Reserve/Farm
- Gumboots/wellies are also recommended for wet weather and snake protection

TOILETRIES

- Toothbrush and toothpaste
- Shampoo
- Shower gel/soap
- Hairbrush
- Moisturiser
- Feminine hygiene products (*if required*)
- Small first aid kit (*including any required medicines*)
- Sunscreen
- Insect repellent

TECHNOLOGY

- Universal travel adapter (*if required*)
- Camera/phone
- Memory cards
- Spare batteries/chargers

OTHER

- Torch/Flashlight
- Delegates should bring towels

IF TRAVELLING LONG HAUL

- A change of clothes in your hand luggage
- A range of tiny toiletries (*travel toothbrush and toothpaste, lip balm, moisturiser, hand wipes, less than 100ml*)
- Travel pillow
- Padlock for your suitcase
- Make your luggage stand out and easy to spot

AVOID

We do not recommend bringing expensive or valuable jewellery or unnecessary technology with you. We also discourage expensive or branded clothing.